



YOROI
FIGHT CLUB

HORARIOS

	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SABADO
07:00	GRAPPLING		GRAPPLING		GRAPPLING	
09:00	JUDO	GRAPPLING LEGLOCKS	JUDO	BJJ BASICS		
10:00	BJJ	K1 KICKBOXING	BJJ	K1 KICKBOXING	BJJ COMPETICION	BJJ BASICS
11:15	K1 KICKBOXING	GRAPPLING	K1 KICKBOXING	GRAPPLING	BOXEO	OPEN MAT
12:30	MMA	WRESTLING	MMA	WRESTLING		
15:15	GRAPPLING	BJJ	GRAPPLING LEGLOCKS	BJJ	GRAPPLING LEGLOCKS	
16:30	WRESTLING	MMA STRIKING	WRESTLING	MMA COMPETICION		
17:30	BJJ KIDS	K1 KIDS	BJJ KIDS	K1 KIDS	BJJ KIDS	
18:30	MMA	WRESTLING	MMA	MMA WRESTLING	BJJ	
19:30	BJJ	K1 KICKBOXING	BJJ	K1 KICKBOXING		
20:30	K1 KICKBOXING	GRAPPLING	K1 KICKBOXING	GRAPPLING		

***GRAN VIA DE LES CORTS CATALANES 1016
HORARIO GIMNASIO DE 09:00 A 21:00***